

What's cooler than a talking penguin in sunglasses?

Kids that protect their skin from the sun!

Follow these simple sun safety tips to help reinforce these healthy habits at home!

1.

Teach them how to be cool!

Sunscreen is cooler when you apply it yourself. Teach proper application techniques by coaching your child while they apply their own.

2.

Set a sun safety timer.

Sunscreen should be applied every 2 hours. Set a timer to avoid a sizzlin' sunburn!

3.

Help them practice sun safety in style.

Let their style shine by letting them pick out their own gear, including a long-sleeve shirt and a hat that protects their face, neck, and ears.

4.

Don't forget some cool shades!

Complete their stylin' ensemble with trendy sunglasses that block both UVA and UVB rays!

5.

Be a sun safety model for your child!

Your habits become their habits, so be sure you're modeling healthy sun safety habits.

